

The UK's most Ethical Burgers just got more Ethical



Why are Veggies Burgers & Sosages no longer available?



We are in a climate crisis which we may have insufficient time left to turn around.

Refrigeration for production, distribution, wholesale, retail and domestic chilled & frozen food has a significant impact on energy use & climate damaging gases.

The time has therefore come where we no longer wish to transport 60% frozen water around the region. *To reduce the climate impact of refrigeration, Veggies have discontinued frozen burgers & sosages.* Customers can instead buy our dry mixes to simply make Veggies Burgers themselves.

We manufacture probably the most ethical, locally produced and simple to use ambient burger and sosage mixes available. They are entirely plant based, palm oil free, made with predominantly organically grown ingredients and taste tested at thousands of events over 35 years.

The mix can be made up in appropriate quantities and varied for personal taste and innovation, reducing the environmental impact of distribution and refrigeration.

Veggies [award winning](#) mixes are handmade in vegan premises by a co-operative with 35 years experience of vegan catering. Veggies Burgers are available at Veggies events across the UK and mixes are available online, from wholefood & zero waste stores and from any outlet currently selling Veggies frozen products. Lembas co-op (www.lembas.co.uk) distributes to wholefood shops within a 90 mile radius of Sheffield.

Veggies were delighted to be regarded the **Best Buy** in the May/June 2016 issue of Ethical Consumer, alongside **Dragonfly, Taifun, VegiDeli** and **Fry's**. All the 'best buys' are vegan companies with explicit environmental agendas, and for this reason they score highly in the rating system. In their report the Ethical Consumer said:

"Veggies is an explicitly political, vegan workers coop based in Nottingham. It has been going since 1984, providing vegan catering at events and supporting campaigns for human and animal rights and environmental protection. It also supplies radical books, vegan multivitamins and Zapatista coffee. Its food is organic and GM free, and its soya is sourced from Europe."

VEGGIES BURGER MIX

Ethical Best Buy

96% organically grown ingredients
No palm oil . No GMOs
Plant-based cellophane packing



Veggies.org.uk/mixes/

Ethical Consumer is the UK's leading alternative consumer organisation, researching and recording the social and environmental records of companies. **Veggies Catering Campaign** (established in 1984) has subscribed, and followed their guidance, since issue no.1 in 1989.

As you would expect, our mixes contain no palm oil or saturated fats. In fact they contain no added oil or fats at all.

Whilst our organic soya mince is sourced from France, we are working towards reducing our dependance on soya products. At Veggies events we use a blend of regular Burger Mix & Hemp Mix. This blend will soon be rolled out to join the other mixes in stores.

Most of the ingredients are organically grown, mainly wholewheat breadcrumb, oats, soya mince, onion, garlic, yeast extract, seasalt, malt flour or beetroot, gum, herbs & spices. Our suppliers advise us that the wheat is "usually from the UK, sometimes from Finland or Sweden". The oats are supplied from Cheshire & sourced from UK or the EU, and the soya is [certified as coming from France](#). Dark malt is supplied from Essex-based [EDME](#), from grain grown in East Anglia.

The product has a 12 month shelf life and can be held in stock at ambient temperatures.

www.veggies.org.uk

Working for the rights & welfare of animals, for human rights, sustainable living, peace & social justice since 1984